



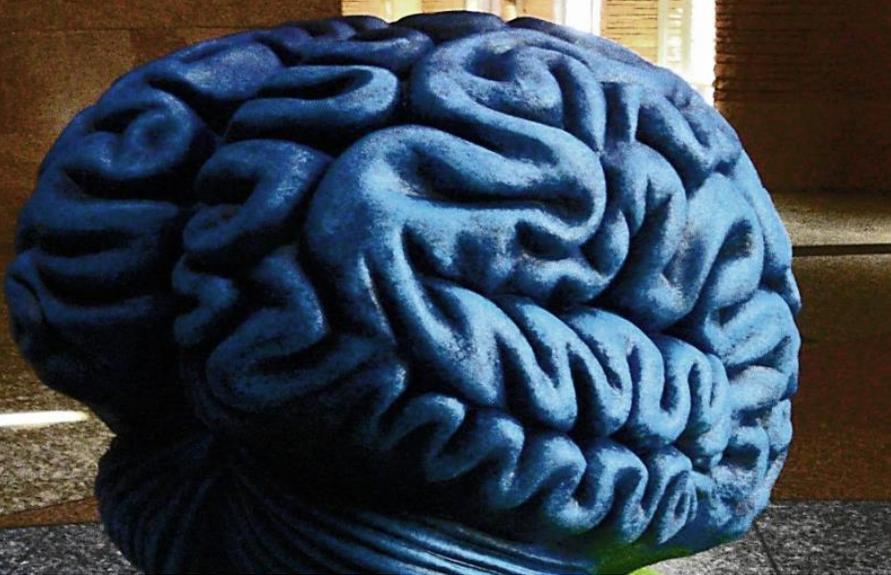
## THE FOUNTAIN HILL CENTER

*For Counseling and Consultation*

We provide pathways to healing and transformation, both personal and relational, through diverse and innovative therapeutic, educational, evaluative, and consultative services.

[www.fountainhillcenter.org](http://www.fountainhillcenter.org)

# Neurofeedback / EEG Biofeedback



### Ellen Fix

Ellen completed her Master in Social Work at Grand Valley State University in 1993. She is licensed in the State of Michigan as a Psychotherapist, a Certified Advanced Alcohol and Drug Counselor, and a Neurotherapist.

Ellen has the personal and professional experience to help individuals address a wide variety of diagnoses. Her philosophy is to support an individual's recovery plan and provide treatment modalities which are therapeutic, educational, and diverse.

## Availability Varies, Call for Details

534 Fountain St Ne, Grand Rapids, MI 49503

### About

Neurofeedback is a comprehensive treatment system that works directly with the brain. The mind relies on healthy brain metabolism when problem solving and making changes. Psychotherapy is a **tool to enrich the mind**, whereas Neurofeedback is a **tool to enrich the brain**. Neurofeedback is painless and noninvasive. It is a form of exercise for the brain and the end result is a brain that functions better – like the body responds to exercise. **Cost ranges from \$95-\$110/session. Some insurance accepted.**

### Treats

ADHD | Anxiety | Autism | Chronic Pain | Concentration | Depression  
Increasing IQ | Migraines | Mood Stability | Sleep Issues | Stroke  
Traumatic Brain Injury

### More Information

**Call (616) 456-1178 for more information or to schedule an appointment.** Sessions are held at the Fountain Hill Center offices in Grand Rapids. Please call or visit the website above for details on parking and directions.



### Rosalyn Baker

Rosalyn completed her Bachelor of Social Work and Teaching Certificate in Secondary Education in 1979 and her Masters in Social Work with a clinical counseling major, in 1983. In 2003 she was trained as a Neurotherapist. Her counseling practice accepts adults, couples and children and supports healing for a wide variety of diagnoses.

Rosalyn is a Brain Fitness Coach, Wellness Coordinator and a Certified Nutritional Consultant. Rosalyn is a paid professional speaker who sat on the program development committee for GRCC's continuing education program, Optimal Health, where she also taught courses in Stress Management and Meditation.

## What Physicians Say...

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[EEG biofeedback] meets the American Academy of Child and Adolescent Psychiatry guideline ratings for treatment of ADHD, seizure disorders, anxiety (e.g. OCD, GAD, PTSD, phobias), depression, reading disabilities, and addictive disorders ... [EEG biofeedback] always should be considered as an intervention for these disorders by the clinician.

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**Child and Adolescent Psychiatric Clinics of North America**

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In my experience with EEG Biofeedback and ADD, many people are able to improve their reading skills and decrease their need for medication. Also, EEG biofeedback has helped to decrease impulsivity and aggressiveness. It is a powerful tool, in part because the patient becomes part of the treatment process by taking more control over his own physiological processes.

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**Daniel Amen, M.D.**

*Change Your Brain, Change Your Life*

“

It improves seizures, depression, low self-esteem or congenital head injuries, and it helps the ‘craziness’ that often comes with these ... Patients report they sleep better, feel better, they don’t have seizures, they are more in control, and that they get more work done. It helps with closed head injury patients. It helps with chronic neurologic disease, where there is no active injury but there are problems with normal functioning. We’ve had success with multiple sclerosis, with toxic encephalopathy (for example,, chemical poisoning interfering with neurologic functioning), with chronic pain, migraines, and fibromyalgia. And of course, we get very good results with ADD.

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**Johnathan Walker, M.D.**

**Neurologist (Dallas, TX)**

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In my own practice, I’ve used neurofeedback in a comprehensive medical treatment program to help more than 1,000 patients with attention deficit hyperactivity disorder. When combined with supportive therapies such as family counseling and educational therapy, EEG neurofeedback is the most effective treatment available. Critics of EG neurofeedback hold this treatment to more ridged standards than drug treatments. Yet unlike drugs, neurofeedback is benign.

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**David F. Velkoff, M.D.**

**Medical Director at Drake Institute of Behavioral Medicine (Lost Angeles, CA)**

*Physician’s Weekly, Point/Counterpoint, July 13, 1998, Vol. XV, No. 26*